

FRIENDSHIP

DU

QUARTERLY

Volume 137, № 2

CULTURE

CHARACTER

GOING THE DISTANCE

**GREG NANCE, CHICAGO '11, RUNS
WORLD MARATHON CHALLENGE**

**MENTAL HEALTH IN
COLLEGE-AGED MEN**

**BROTHER KURT VONNEGUT'S
"SLAUGHTERHOUSE-FIVE" TURNS 50**

JUSTICE

DELTA UPSILON INTERNATIONAL FRATERNITY

North America's Oldest Non-Secret Fraternity: Founded 1834

The Principles of Delta Upsilon

The Promotion of Friendship
The Development of Character
The Diffusion of Liberal Culture
The Advancement of Justice

The Motto of Delta Upsilon

Dikaia Upotheke - Justice, Our Foundation

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Undergraduate members and alumni are encouraged to submit chapter news and feature stories along with high resolution photographs by emailing amartin@deltatau.org.

CONTENT DEADLINES

WINTER: January 15; SUMMER: May 15; FALL: August 31



LETTER FROM THE BOARD OF DIRECTORS

Dear Brothers,

We wanted to take this opportunity in the *DU Quarterly* to provide you with information about a recent announcement the Delta Upsilon International Fraternity Board of Directors shared with our undergraduates, advisors, and alumni chapter and house corporation officers. As you know, last May, the Board announced the approval of a Substance-free Housing Policy. This policy and the rationale behind it were described in depth in the fall 2018 *DU Quarterly*. As part of this policy, all hard alcohol was to be removed from chapter facilities starting in fall 2018, and all chapter facilities are to be substance-free by fall 2020.

Delta Upsilon remains committed to the implementation of substance-free housing and our desire to create safe, positive environments for our members and guests. As such, over the past year, the Board of Directors and staff have been working with chapters to plan for this transition. Much of what we heard from undergraduates and alumni is that they felt more time was needed. Based on this feedback, the Board of Directors recently adopted a waiver system through which chapters that meet specific standards can apply for substance-free housing waivers for the 2020-2021 and 2021-2022 academic years. This waiver system will provide chapters that meet standards more time to adjust; recruit more men dedicated to creating safe environments; and in some cases, repurpose event space in chapter facilities.

A breakdown of the update is as follows:

1. A waiver system will be established for the 2020-2021 and 2021-2022 academic years that would permit beer and wine in chapter facilities if chapters met the "Expectation" level in the Men of Merit Standards of Chapter Excellence Plan, Program Attendance, Associate Member Education, Loss Prevention and Learning Assessment.
 - ♦ **Note:** A chapter's performance in this upcoming academic year (2019-2020) will determine whether it qualifies for a waiver in 2020-2021.
2. If a chapter meets the standards to receive a waiver and chooses to have beer and wine in the facility, it will be charged an additional \$100/man Loss Prevention Fee.
 - ♦ **Note:** This fee will be in lieu of the Loss Prevention credit for substance-free housing that has been used in the past. Chapters with alcohol in the facility have always paid a higher insurance rate because they are higher risk.
3. During the waiver period, chapters with waivers will have the opportunity to host up to six social events with beer and wine per year (between July 1-June 30) in common areas of the chapter facility. No more than four social events can be held in the same 6-month period (July 1-Dec. 31 and Jan. 1-June 30), and all

social events must follow university and Fraternity Loss Prevention guidelines.

4. There will no longer be a substance-free housing credit following the 2019-2020 academic year.
5. The restriction on tobacco is removed.

The full updated policy and FAQ can be found at www.deltatau.org/substance-free.

The Fraternity remains steadfast in our mission of *Building Better Men* and firmly believes removing alcohol from our facilities is in the best interests of our members and the future of our great Fraternity. The decision to adopt a Substance-free Housing Policy was made based on thorough examination of data, our peers' practices and the changing higher education landscape. It was a decision taken with great care and respect for our members. The adoption of the waiver system was made the same way. We understand the importance of our chapters being well-equipped to implement this policy and thank the chapters that have worked with the International Fraternity throughout this process.

During the past school year, our Director of Health & Safety Initiatives Dominic Greene, *Oregon '99*, visited 25 chapters to specifically discuss the Substance-free Housing Policy and begin to formulate implementation plans designed to fit their individual chapters and campuses. Educational sessions about the policy were held at the Leadership Institute, Presidents Academy, Regional Leadership Academy and Advisors Academy. Other Fraternity staff also worked with chapters regarding the policy. These efforts will continue through fall 2022 and beyond. Delta Upsilon is dedicated to helping each of our chapters succeed in the transition to substance-free housing.

Together, as brothers in Delta Upsilon, it is our duty to create a membership experience rooted in our Four Founding Principles and that provides our brothers and friends with a positive environment in which to learn and thrive. Should you have further feedback or questions regarding the Substance-free Housing Policy, please contact ihq@deltatau.org.

Fraternally,
Thomas F. Durein, *Oregon State '92*
President, Delta Upsilon International Fraternity

Robert S. Lannin, *Nebraska '81*
Chairman of the Board

SUBSTANCE-FREE HOUSING IMPLEMENTATION AND TIMELINE

In May 2018, the Delta Upsilon International Fraternity Board of Directors adopted a Substance-free Housing Policy designed to create a healthy atmosphere for *Building Better Men*. As part of this policy, all chapters were to be hard alcohol-free by Aug. 1, 2018, then over the next two years, transition to full implementation of substance-free housing by Aug. 1, 2020.

The Board of Directors remains committed to the Substance-free Housing Policy and helping chapters

prepare for its implementation. Based on feedback from membership, in June 2019, the Board of Directors updated the policy, which includes the creation of a waiver system for the 2020-2021 and 2021-2022 academic years to provide chapters that meet certain standards with more time to prepare for the policy's full implementation. Below is the updated policy and timeline.

The Substance-free Housing Policy, an FAQ and additional resources can be found at www.deltatau.org/substance-free.



BY AUG. 1, 2018:

- All chapters shall eliminate the presence, consumption and use of hard alcohol within chapter housing at all times.
- The presence, consumption and use of beer and wine shall be limited to the private bedrooms of members who are of the legal drinking age. No alcohol will be allowed in common spaces of a chapter facility.
- During a social event, alcohol possession and distribution must be restricted to common spaces of a chapter facility for the duration of the event. There will be no consumption of alcohol in private living quarters during social events.
- Hard alcohol can only be provided and served by a licensed, third-party vendor at an off-site location. This means not at the chapter house or any chapter-related facility (e.g., annex).



BY AUG. 1, 2020:

- All chapters will have completed the transition to substance-free housing, including the removal of all alcohol and substances from private bedrooms unless they qualify for a substance-free waiver.
- Chapters that meet the Men of Merit "Expectation" level in the areas of Chapter Excellence Plan, Program Attendance, Associate Member Education, Loss Prevention and Learning Assessment will be eligible for a waiver from the Substance-free Housing Policy.

Chapters with a waiver will follow these guidelines:

- The presence, consumption and use of beer and wine shall be limited to the private bedrooms of members who are of the legal drinking age. No alcohol will be allowed in common spaces of a chapter facility.
- Chapters will have the opportunity to host up to six social events with beer and wine per year (between July 1-June 30) in common areas of the chapter facility. No more than four social events can be held in the same 6-month period (July 1-Dec. 31 and Jan. 1-June 30), and all social events must follow university and Fraternity Loss Prevention guidelines.
- Hard alcohol can only be provided and served by a licensed, third-party vendor at an off-site location. This means not at the chapter house or any chapter-related facility (e.g., annex).
- All chapters will pay an additional Loss Prevention Fee of \$100 per member per year.
- Alumni will have the opportunity to host up to six pre-approved events in common areas of the chapter facility per year with licensed third-party alcohol vendors or following the Fraternity's BYOB guidelines. All events must be in compliance with the university and Fraternity's Loss Prevention policies.



BY AUG. 1, 2022:

- All chapters will have completed the transition to substance-free housing, including the removal of all alcohol and substances from private bedrooms. There will no longer be a waiver system for the implementation of the Substance-free Housing Policy.
- Alumni will have the opportunity to host up to six pre-approved events in common areas of the chapter facility per year with licensed third-party alcohol vendors or BYOB. All events must be in compliance with the university and Fraternity's Loss Prevention policies.

#DUFLAG CORNER



Maryland Chapter brothers hit new heights while hiking Catoctin Mountain in northern Maryland.



The Michigan Tech Chapter is all smiles following the Initiation Ceremony for its newest brothers.



The Clarkson Chapter took on spring break with its Frisbee team at High Tide Ultimate Tournament in Myrtle Beach.

EXPANSION NEWS



Delta Upsilon is excited to return to the **University of Colorado Boulder** in fall 2019! This chapter was installed into DU on Feb. 28, 1953, but closed in 1997. The Fraternity is proud to return to campus for the first time in more than 20 years.

Delta Upsilon will join the university recognized Interfraternity Council at CU Boulder. Delta Upsilon staff will arrive on campus in late August to participate in the campus Student Involvement Fair before beginning to recruit new members. DU will join the four other fraternities that are a part of the university's IFC.

The Fraternity is looking for advisors and referrals for our Colorado expansion. If you live in the Boulder area and wish to be an advisor, or if you know an unaffiliated student attending CU Boulder and wish to recommend him for membership, contact Expansion & Development Director Hayden Rahn, *Oregon '16*, at rahn@deltatau.org. You can also learn more at www.deltatau.org/cu-boulder.

When it comes to expansion, Delta Upsilon makes it a priority to reopen closed chapters whenever possible. And our most successful returns happen when there is significant alumni support.

Delta Upsilon is currently in conversations with the following institutions regarding potential returns to campus. If you would like to learn more about our efforts or how you can help, contact Expansion & Development Director Hayden Rahn, *Oregon '16*, at rahn@deltatau.org.

Michigan State University

The University of Tennessee, Knoxville

University of Delaware

University of North Carolina Wilmington

GOING THE DISTANCE

SEVEN MARATHONS IN SEVEN DAYS. ONE ON EACH OF THE SEVEN CONTINENTS.

Yes, you read that correctly. It may seem impossible, if not crazy, but Greg Nance, *Chicago '11*, took marathon running to the extreme when he participated in the World Marathon Challenge in February 2019. However, if you knew Greg, you wouldn't be surprised. In everything he does, Greg pushes himself. Whether it is running or his career, his passion, enthusiasm and determination propel him to go the distance.

The World Marathon Challenge, sponsored by Global Running Adventures, is a wild event. And according to Greg, so are the participants. "You have to be a little crazy to even sign up for this," he laughed. Both the race logistics and the athletic feat are marvels.

Over a seven-day period, participants run 183 miles and spend about 68 hours on a plane. A private, Boeing

757 airplane takes the runners, race crew, a doctor and the official photographer from location to location. There is little time between landing and running. Then, once everyone has crossed the finish line, it's pack up and head to the next location. With a limited number of runners—only 42 in 2019—it's too small of a group to justify shutting down main city thoroughfares for a more traditional marathon route. So, abbreviated courses are created, and runners are tasked with running it in laps until they reach 26.2 miles.

"Every one of these courses was basically a scenic, picturesque part of the downtown area, then it's usually a variety of laps," Greg said. "Anywhere between as little as two miles in Australia and Dubai, and then as many as five miles, which we had in Miami. It's basically laps around a beautiful place."

For Greg's first race in Antarctica, he and other runners lapped their plane and a former Soviet research station. Race five took place on a Formula 1 racetrack in Madrid, Spain, while the rest were more traditional road courses. In order, the challenge took runners to Novo (Antarctica), Cape

Town (Africa), Perth (Australia), Dubai (Asia), Madrid (Europe), Santiago (South America) and Miami (North America).

As a long-distance runner, Greg had run ultramarathons before, so, to him, the idea of seven marathons in seven days was not totally unbelievable. Previously, he had run the United Kingdom coast-to-coast, 124 miles of Malaysian highlands, 100 miles of Philippine jungle and 155 miles through the Gobi Desert. However, the new challenges with this race were the temperature and terrain changes, as well as the travel. Never before during his ultramarathons did he have to sleep, eat, hydrate, stretch and prepare his body for another long run on an airplane.

"Even under the best of circumstances, that's a really tough element," Greg said. "Every one of us, you're feeling it."

And Greg was perhaps "feeling it" more than most. While it's unimaginable to run seven marathons in seven days to most people, try adding the stomach flu on top of it. During the race in Antarctica, Greg was feeling great; adrenaline was

flowing as he ran toe-to-toe with some world-class athletes. Of the field of 42, Greg finished that marathon seventh, exceeding his expectations. However, it was on the plane to marathon No. 2, that Greg's rest and recuperation hit a speed bump.

"As we're beginning to approach Cape Town, I wake up, and I'm in a cold sweat," Greg recalled. "Whoa. That's not what you want to be feeling right now. And actually, I'm feeling my forehead. I've got a fever. I'm trying to wash my face, trying to quickly rehydrate as we're landing in Cape Town, which is 100 degrees hotter than Antarctica."

The stomach flu would stick with Greg throughout the rest of the Challenge. An illness that would normally take two or three days to recover from stayed around much longer. There is no time to rest and recover when you still have marathons to run.

Greg knew he had prepared himself well for the Challenge. He had trained for the distance, the extreme heat, extreme cold and terrain. This training would help him physically as he battled this flu. Now he needed to focus on the task at hand, ensure his body was as ready as it could be, and rely on his mindset and determination to finish. No longer in his head were dreams of fighting for a spot in the Top 5 or a place on a podium. It was now about survival.

"And that became sort of the rallying cry to try to get pumped up on that, Greg said. "Look one step in front of the next. Next checkpoint. Try to keep moving."

Greg has been running since he was a child growing up near Seattle. His father, Michael, was a runner and outdoor enthusiast, so it was natural

that Greg and his siblings inherited that love. In high school, Greg was part of a competitive mile relay team. Then after college, he picked up marathon running and, eventually, mountaineering, trail running and ultramarathons. In fall 2018, he even convinced Michael to join him for a 250-kilometer run across the Atacama Desert in Chile.

So, it was no surprise to Greg's parents when he told them about the World Marathon Challenge. They knew he had the stamina and will to complete the Challenge and monitored his progress on Facebook. However, race by race, they could see Greg was struggling. In photos, they could tell Greg was ill—looking pale, tired and underweight.

Before his parents joined him in Miami for the last marathon, Greg relied on a network of friends and strangers to get him through. He was having trouble keeping food down while on the plane, so in Australia, a close childhood friend now living in Perth brought Greg all his favorite snacks. In Madrid—the toughest of the marathons in Greg's mind—a group of middle and elementary school students flooded him with messages of encouragement. He had just connected with the students through the National Geographic Explorer program, and they were sending him photos of handmade signs, saying things like "Keep Going" and "You can do this, Greg!" Even on the course, Greg was getting encouragement and tips from his competitors.

"I think there's something special about the group of folks," Greg said. "When you're out there, you know how much hard work it's taken to get to that start line. And when you see someone really in trouble and hurting, there's a lot of empathy there I think, and it's beautiful."

In the final marathon of the Challenge, Greg's parents literally joined him in the race. Knowing Greg was still battling the flu, Michael offered to pace for him. So, for the third and fourth laps (nearly 11 miles) of the five-lap course, Michael ran with Greg to keep him focused, motivated and steady.

"Amazingly, he got stronger as we ran along," Michael recalled. "Toward the end of my involvement, he found his stride and began to outrun me. I was no longer any help as a pacer and could only wave him on. I returned to the finish line where my wife and I joined him again for the ceremonial final 200 meters of the run."

As a college student at the University of Chicago, Greg would run around campus and the surrounding neighborhood. Situated on the south side of Chicago, these runs took him through some of the roughest parts of town. As he would run, he would see kids on the street, sometimes drinking alcohol or selling drugs on the corner, and contemplate the reasons why his life and theirs were so different.

"It's really not because of any differences of intelligence or character or virtue," Greg said. "It's very much our environments."

From these runs, Greg's passion for education access and equality began. In his sophomore year, Greg and two friends began their own organization, Moneythink, to help address the problem. Funded in part by a campus investment fund, Moneythink's initial goal was to get student volunteers in high school classrooms to help them with financial literacy and to serve as mentors. Greg used his DU connections to get Chicago Chapter brothers to volunteer and raise money, as well as open Moneythink



chapters on other campuses. This was an integral part of the reason Greg was named Delta Upsilon's Distinguished Undergraduate at the 2011 Leadership Institute.

"All of our early mentors were Greg's DU brothers," said Shashin Chokshi, Greg's close friend and Moneythink cofounder. "I would say more than 60 percent of the mentors were DUs, and the rest came from across the student population."

After graduation, Greg went on to the University of Cambridge in London for graduate school but stayed involved with Moneythink. From afar, he helped Shashin and their other cofounder, Ted Gonder, transition Moneythink into a more technology-based platform. Today, the organization is a registered 501(c)3 nonprofit that provides financial coaching for students looking to go to college. From their phones, students can connect with mentors who share resources, give advice, and help them navigate things like the FAFSA and financial aid process. Moneythink chapters also still exist in 30 cities across the United States.

"We tell students, 'Dream big. You can do it. And the only limits that matter are those that you accept for yourself. So be unlimited. Go for it,'" Greg said.

That same message has led Greg to a second venture, Dyad, which has a similar mission to Moneythink but takes education access to the international level. Now living in Shanghai, China as the CEO of Dyad, Greg and his team look for emerging markets around the world, as well as those from at-risk backgrounds, and help people further their education. As a for-profit social enterprise, Dyad has generated \$27 million in scholarships worldwide for the students it serves.

Fittingly, since the idea for Moneythink was born from running around Chicago, furthering the organization was also a factor Greg's decision to run the World Marathon Challenge. By taking on the Challenge, Greg wanted to be a living example to students of working hard to achieve the impossible. He also wanted to use the event and the platform that came with it to spread awareness for Moneythink. Greg understands that the more people know about Moneythink and Dyad, the more they can drive access to education for those across the globe.

"My passion is education access," Greg said. "I don't think your financial situation should ever determine your capacity to be educated and to prepare yourself for the future."

According to his friends and family, much of Greg's success comes from him not being afraid to fail. It leads him to set lofty goals and never stop trying to achieve them. Shashin has seen this in Greg's determination to start Moneythink and watch it grow over the past decade. Greg's parents have seen it in many ways, including Greg's fight to finish seven marathons in seven days with the stomach flu.

"Greg's entire life is like an ultramarathon, and I think he uses that for how he thinks about everything," Shashin said. "You know that if he is setting himself to do something, he's going to do it. Even if you think it is impossible to do. But he's going to do it, one step at a time, for a really long time."

After all, you can't run any marathons—let alone 183 miles—without taking that first step.

IN THEIR OWN WORDS:

MAY 2019 GSI PARTICIPANTS

The Global Service Initiative serves as Delta Upsilon's international service project and philanthropy. Since 2011, GSI has taken students to Jamaica to engage in hands-on service. This often involves working with a local school to build new facilities or improve existing ones. The experience also helps students build global competencies and reflect on how their work relates to DU's Four Founding Principles. At the chapter level, DUs fundraise for GSI each year to help fund the overhead costs of the program.

During the trip, participants have the opportunity to blog about their experience. Below are excerpts from the participants of the May 2019 GSI trip to Negril, Jamaica. You can read the full entries at deltaupsilon.wordpress.com.

Casey Attallah, *Christopher Newport '21*

There are two types of people who come to Jamaica. Most people look toward the beaches, but there are a select few who look toward the culture as a whole. If you come into Jamaica focused on just the sunsets, white sands and turquoise water, yes, it may be beautiful, but you are blinding yourself to the rainbow of colors, culture and people the entire country has to offer. The work we as participants of the GSI are doing is for the people of Jamaica, the culture of Jamaica, the true Jamaica.

John Sauseda, *Oklahoma '19*

When I first got here and saw the school, I couldn't imagine growing up and learning in these environments. We are even being loud and working just outside their classrooms. Even though we may be disturbing them, they never forget to smile whenever they get the chance to see us. It brings warmth to my heart to know that we are giving them a place to excel and grow.

I chose not to wear gloves because I really wanted to feel the work we were doing. Whether it be a hot nail getting ready to be hammered into the wood, the cement running through my hands, or the shovel, I know that when I reflect back on this trip, I will remember those feelings on my hands and the lives I impacted.

Hunter Lang, *Indiana '21*

We were gifted with the opportunity to join part of the local community at a Pentecostal church service. Growing up as a Catholic, I had an expectation on how church is run; however, that was changed the second I entered this local worship space. As I entered the church, I grew a sense of confusion and shock as I saw some people kneeling in quiet



prayer while others sang and danced through the aisles to loud music. I soon grew out of this slight discomfort as I joined the congregation in clapping along to the worship songs. At this moment, I began to feel a sense of community with these complete strangers.

Through the seemingly chaotic worship in front of me, I learned a crucial lesson. I learned that despite everyone in the congregation seeming to worship in their own way, they ultimately all came together for one common cause. ... Whether it is a church in Jamaica or my DU chapter at Indiana University, I have realized that in order for a community to succeed in its goals, it must encourage each member to contribute in a way that best fits his or her strengths and character.

Tim Paschal, *Nebraska '19*

Today, we had a rest day from the worksite and were able to immerse ourselves into Jamaican culture. We headed to Zimbali, a Rastafarian retreat, for an incredible daytime excursion. Up on the mountain is a community of people that farm the land around them, and they use the resources of the land to feed themselves and others.

After a tiring hike, we got to sit down with a couple of musicians, and a drum circle was created as we learned how to play some of the instruments on-site. Following the jam session, we got to enjoy a deliciously cooked meal from the people at Zimbali. The meal was cooked with the ingredients that grew on the land, and everyone loved it. It was a cool experience to peek into a lifestyle not very familiar to us, and the experience helped us to understand what life is truly like for some Jamaicans.

All this happened, more or less. The war parts, anyway, are pretty much true. One guy I knew really was shot in Dresden for taking a teapot that wasn't his. Another guy I knew really did threaten to have his personal enemies killed by hired gunmen after the war. And so I've changed all the names.

I really did go back to Dresden with Guggenheim money (God love it) in 1967. It looked a lot like Dayton, Ohio, more open spaces than Dayton has. There must be tons of human bone meal in the ground.

I went back there with an old war buddy, P.V. O'Hare, and we made friends with a cab driver, who took us to the slaughterhouse where I had been locked up at night as prisoners of war. His name was Richard Müller. He told us that he was a prisoner of the Americans for a while. He said how it was to be under communism, and he said that it was terrible at first, but since we were here to work so hard because there wasn't much shelter or warmer clothing, the things were much better now. He had a pleasant little apartment, and his daughter was getting an excellent education. His mother was incinerated in the Dresden fire-storm. So it goes.

He sent O'Hare a postcard at Christmastime, and here is what it said:

"I wish you and your family also as to your friend Merry Christmas and a happy New Year and I hope that we'll meet again in a world of peace and freedom in the taxi cab if the accident will."

Brother Kurt Vonnegut's "Slaughterhouse-Five" Celebrates 50th Anniversary

"Slaughterhouse-Five," written by Kurt Vonnegut, *Cornell '44*, is one of America's classic novels. The wild, part sci-fi, part historical fiction novel draws on some of Vonnegut's own experiences during World War II and is hailed by many as one of the greatest anti-war novels of all-time. For many in the United States, it was required reading in school, but it has also been banned or challenged by many other libraries and schools throughout the country.

"'Slaughterhouse-Five' bookended the turbulent and growing anti-war sentiment of the 1960s, which began with Joseph Heller's 'Catch-22,' published in 1960," said Bill Briscoe, *Purdue '65*, who serves as Delta Upsilon's historian and the historian for the Kurt Vonnegut Museum and Library. "Suffering with the trauma

of World War II, it took Vonnegut over two decades to finish his most famous novel. Published in 1969, at the height of the Vietnam War, it had a significant influence on the legions of protestors of that war."

The youngest of three children, Kurt Vonnegut Jr., was born Nov. 11, 1922, in Indianapolis. His grandfather and father, Kurt Vonnegut Sr., *Technology 1908*, were both architects who played significant roles in building many historic Indiana buildings, including Shortridge High School, which the young Vonnegut attended.

After high school, Vonnegut left Indiana to attend Cornell University and major in biochemistry. It was a major he didn't necessarily want, rather one his family thought would lead to a more practical career. Before long, however, Vonnegut became less interested in his studies and more

involved in the student newspaper, first serving as a staff writer, then as editor. At the paper, many of his articles touched on politics, his support of pacifism, and his stance that the U.S. should not intervene in WWII. In May 1942, just months after the attack on Pearl Harbor, Cornell placed Vonnegut on academic probation, and he subsequently dropped out of school at the start of 1943. Then ineligible for student deferment from the war, Vonnegut enlisted in the United States Army in March of the same year knowing he would inevitably be drafted in the war he didn't support.

Vonnegut trained as a mechanical engineer and scout for the Army at various locations in the U.S. before being deployed as an intelligence scout with the 106th Infantry Division in fall 1944. He fought in the Battle of the Bulge and was

Vonnegut frequently used repetition in his writing. In "Slaughterhouse-Five," the transitional phrase "So it goes" was used 106 times. He used the phrase as comic relief and a transition after portions of the book that talk about death and mortality.

captured on Dec. 22, 1944, along with 50 other soldiers. On their way to a prison camp outside of Dresden, Germany, the railcar he and other prisoners were in was bombed. Then, once in Dresden, he survived the February 1945 Allied attack that destroyed the city that killed 25,000 civilians. Just two months later, Vonnegut was rescued and returned to the U.S. where he later earned a Purple Heart for his service. Through his experiences, Vonnegut came to view WWII as a justifiable war and would revere all veterans and active service members for the rest of his life. However, he also became a vehement anti-war activist.

Much of "Slaughterhouse-Five" is drawn from Vonnegut's experiences in the war, his views on war and struggles with what, today, is called post-traumatic stress disorder. The novel's main character, Billy Pilgrim, is an American soldier who had experiences similar to Vonnegut in the war, particularly the railcar bombing and surviving the attack on Dresden. Pilgrim then becomes "unstuck in time" as a result of the experiences and is forced to relive moments of his life over and over again. It was Vonnegut's way of showing readers humans don't have to continue to make the same mistakes.

"In his writings, he did not attempt to give answers to life's problems but, rather, attempted to motivate his readers to actively participate in working on the problems of the world regardless of whether their opinions agreed or disagreed with him," Briscoe said. "Standing on the sidelines and watching the world go by was not an acceptable way to live, in his view."

To celebrate the 50th anniversary of "Slaughterhouse-Five," the Kurt Vonnegut Museum and Library

"Slaughterhouse-Five" turns 50
 "Slaughterhouse-Five" was first published March 31, 1969, and authored by Delta Upsilon Kurt Vonnegut, Cornell '44. While his most recognizable work, "Slaughterhouse-Five" was not his first. In total, Vonnegut authored 14 novels, more than a dozen short fiction collections, as well as several works of nonfiction. Here is a list of Vonnegut's novels and the years of their release.

- Player Piano (1952)
- The Sirens of Titan (1959)
- Mother Night (1961)
- Cat's Cradle (1963)
- God Bless You, Mr. Rosewater (1965)
- Slaughterhouse-Five (1969)
- Breakfast of Champions (1973)
- Slapstick (1976)
- Jailbird (1979)
- Deadeye Dick (1982)
- Galápagos (1985)
- Bluebeard (1987)
- Hocus Pocus (1990)
- Timequake (1997)

(KVML) partnered with Penguin Random House, the Indiana State Library and others to give up to 86,000 complimentary copies of the novel to high school sophomores in Indiana, as well as to schools and public libraries in the state. In its day-to-day operations, the organization also provides resources on teaching Vonnegut in the classroom; offers writing workshops; travels to schools, prisons and other museums to present programs about Vonnegut; shares resources with veterans; publishes an annual literary journal; and more.

In 2019, KVML is finalizing the purchase of a building near Indianapolis' cultural trail and the Indiana University-Purdue University Indianapolis campus for a new Vonnegut museum. Here, visitors will view Vonnegut artifacts and memorabilia, a permanent "Slaughterhouse-Five" exhibit



Attendees of the 2016 Delta Upsilon Leadership Institute had the opportunity to visit the former **Kurt Vonnegut Memorial Library**. A new museum and library will open in Indianapolis in fall 2019.

featuring information about the war, artwork from veterans, an exhibit on the First Amendment and freedom of expression, a classroom, a Vonnegut-themed Bluebeard café, and more. To learn more about KVML and its programs or to make a donation, visit www.vonnegutlibrary.org.

"The new building will give us space to adequately honor Vonnegut, as well as give us a gathering space to exchange ideas and thoughts," Briscoe said.

THE MONEY RESOLUTION

THE NEW YEAR'S RESOLUTION WAS VAGUE: MONEY. THE OUTCOME WAS FINANCIAL LITERACY AND A WAY TO PAY IT FORWARD.

At the start of 2018, Frankie Calkins, *Washington '07*, found himself in a situation similar to many of today's 30-somethings. He was at a time in his life where he'd once thought he would be more financially stable. Yes, he had a full-time job, was making ends meet, and living fairly comfortably. However, he was also saddled with student loan and credit card debt he didn't know how to get out of. Thanks in part to lack of financial education and the Great Recession, which hit right after he graduated college, Frankie was in a tough financial spot. By 2018, he knew something needed to change with his money, but he had no idea where to begin. ... Enter his resolution.

Frankie began by doing some research, much of it online. From there, he started documenting the steps he was taking to set himself on the right path via a string of simple entries in his iPhones Notes app. Lists of what he did in January. Lists of what he did in February, and so on. It was a way to both inspire himself to keep going and hold himself accountable.

By the end of the year, Frankie had come a long way. As he looked back on all his notes, he thought to himself, "This is really good stuff." He wished he'd had these notes when he started his journey. So, in mid-December 2018, Frankie took his notes and began to organize them into categories to document his stories and tips. Two months later, in February 2019, Frankie's self-published book, "The Money Resolution: 101 Ways to Save Money, Make Money & Get Out of Debt in One Year," hit Amazon.

"It's the book I wish someone else had written for me," Frankie said.

"The Money Resolution" is categorized by topic with chapters on investing, insurance, travel, frugality and more. Each chapter lists the things Frankie tried related to the chapter's topic and chronicles his stories with them. In total, the book details the 101 steps Frankie took, even offering a complete checklist at the end to help readers follow along and take action.

"The one thing I want to make clear is this is not a promise to get out of debt in one year," Frankie said. "What it is, is 101 tips, skills, ideas and strategies that you can actually execute in a year. I challenge the reader at the



very beginning. I say, 'Here are 101 things I did or tried. I didn't succeed at all of these things, but here is what I learned and recommend.'"

Throughout his money journey, one of Frankie's biggest takeaways was that you have to be able to look your financial self in the mirror, understand where you are at, and take action. Everyone's situation is different. It's about not being scared to look up your credit score, track your debt and net worth, or learn about the interest rates on your loans. According to Frankie, when you educate yourself and set lots of small, attainable goals, you will start to see results.

"For the first time ever, I have learned what freedom feels like," Frankie said. "I no longer feel stuck. To be able to see a light at the end of the tunnel, not just a light at the end of the work week, has really changed everything."

A former high school teacher turned marketing professional, Frankie has now resolved himself to become a life-long learner about finances and continue to help others along the way. In addition to his book, Frankie has set up themoneyresolution.com with blog posts and videos that provide more tips and insight. Later in 2019, he hopes to publish two more books. One will dive deeper into topics like student loans, home buying and investing. The other will be geared toward high school students.

"As a society, we don't talk about money, and it's become such a taboo subject," Frankie said. "I want people to start feeling comfortable in talking about money in a transparent way. I think it is all about learning, sharing and not being ashamed of your personal finances. You have to know there are resources and ways to get out of your hole, and you will."

In "The Money Resolution: 101 Ways to Save Money, Make Money & Get Out of Debt in One Year," Frankie Calkins, *Washington '07*, shares his journey toward financial freedom and the steps he took along the way. The book offers 101 tips, skills, ideas and strategies someone can actually execute in a year.

Frankie knows each person's situation is different and there isn't a single silver bullet or tip everyone should use. However, if you want to start to take hold of your financial future, here are some of Frankie's top tips.

1. Set your financial goals and revisit them frequently.
2. Ask for a raise or get a new, better paying job.
3. Find out your credit score and create a plan to improve.
4. Get completely out of credit card debt using the snowball approach.
5. Save 3 months worth of expenses into an easy-to-access emergency fund.
6. Open up and max out a Roth IRA annually. Be sure it's invested.
7. Max out your 401(k). Start with a "match" and increase 1% monthly.
8. Chose a HDHP (High Deductible Health Plan). Max out your HSA (Health Savings Account). Invest funds over \$1,000.
9. Find a side hustle – active and/or passive income.
10. Pay it forward with your time and/or money.



FIND "THE MONEY RESOLUTION: 101 WAYS TO SAVE MONEY, MAKE MONEY & GET OUT OF DEBT IN ONE YEAR," ON AMAZON.

CHECK OUT THEMONEYRESOLUTION.COM AND "THE MONEY RESOLUTION" ON YOUTUBE.

MENTAL HEALTH

Understanding Mental Health in College Men and How to Help

By Dr. Sara Jahansouz Wray, Director of Loss Prevention

More students than ever before are entering college with mental health concerns. In fact, one in four students suffers from a diagnosable mental illness. Even those without a diagnosable condition are likely to experience feeling overwhelmed, lonely or anxious.

Many factors that affect the mental health and wellness of college students come from the natural progression into adulthood. For the first time, many

students are balancing academic workload while being concerned about financial obligations. They are investing time and energy in creating meaningful and intimate relationships. A great deal of students also struggle with sleep due to complex living arrangements. Each of these factors, especially when combined, can lead to serious mental health issues if not addressed.

With these national trends regarding mental health, Delta Upsilon volunteers and staff are also reporting concerns about mental health and wellness for our undergraduate students. With the Fraternity's mission of *Building Better Men*, we must ensure that we are de-stigmatizing mental health issues and empowering brothers to assist one another. As

such, DU has invested in collecting a number of resources from highly trained psychiatrists, therapists, university partners and volunteers to better understand the ways we can prioritize the health and wellness of our brothers.

Delta Upsilon already requires all associate members to complete the online GreekLifeEdu course prior to Initiation (which addresses mental health, hazing and sexual assault prevention) and offers educational sessions around mental health at Fraternity programs like Presidents Academy, Regional Leadership Academy, Advisors Academy and the Leadership Institute. Now, this summer, DU is releasing this article and new online resources aimed to help advisors and undergraduate chapter members identify and address mental health concerns with brothers. Together, we must make it a priority to help our men engage in educational programming that helps them prioritize the complexities of the undergraduate experience and best prepares them to manage all their priorities in a healthy manner.



MENTAL HEALTH IN COLLEGE-AGED MEN

To help our undergraduate men take charge of their mental health, we must first have a better understanding of the mental health issues affecting men.

The American College Health Association National College Health Assessment Executive Summary from spring 2018 shares the following demographics based on students identifying as male:

<p>46.0% Felt things were hopeless</p> <p>78.5% Felt overwhelmed by all you had to do</p> <p>75.3% Felt exhausted (not from physical activity)</p> <p>56.3% Felt very lonely</p>	<p>59.0% Felt very sad</p> <p>34.8% Felt so depressed that it was difficult to function</p> <p>49.1% Felt overwhelming anxiety</p> <p>11.3% Seriously considered suicide</p>
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WITHIN THE LAST 12 MONTHS, COLLEGE MEN WERE DIAGNOSED OR TREATED BY A PROFESSIONAL FOR THE FOLLOWING:

Anxiety 11.7% Depression 11%

WITHIN THE LAST 12 MONTHS, COLLEGE MEN LISTED THE FOLLOWING AS TRAUMATIC OR VERY DIFFICULT TO HANDLE:

Academics 42.7% Finances 29.9%
 Intimate Relationships 28.5% Sleep Difficulties 28.5%

SUBSTANCE ABUSE

It has been found that mental health issues are often correlated with substance abuse. MentalHealth.gov shares that more than one in four adults living with serious mental health problems also has a substance use problem. In addition, substance use problems occur more frequently with certain mental health problems, including depression, anxiety disorders, personality disorders and schizophrenia.

MentalHealthAmerica.net notes that approximately one in five men develop alcohol dependency during their lives.

SUICIDE

Suicide is an area of great concern for men in North America. Us.movember.com states that, "Globally, every minute, a man dies by suicide." In the United States, 75 percent of those who take their own lives are men, and the number of male suicides has been on the rise since 2000. MentalHealthAmerica.net also notes that "gay and bisexual men are more likely to develop mental health disorders than heterosexual men. Gay males are at an increased risk for suicide attempts, especially before the age of 25."

GENERAL WARNING SIGNS OF SUICIDE ARE:

- Talking about wanting to die or kill oneself
- Seeking and studying ways in which to kill oneself
- Talking about feelings of hopelessness or having no reason to continue to live, talking about feeling trapped or feelings of unbearable pain
- Talking about being a burden to friends and/or family
- Increased use or uncharacteristic use of drugs and/or alcohol
- Acting anxious or agitated—behavior is interpreted as reckless
- Odd sleep cycles—sleeping too little or sleep far too much
- Withdrawing from a group, friends, family, or obligations—keeping oneself isolated
- Showing concerning signs of rage or talking about seeking revenge against others
- Displaying extreme mood swings that cannot be justified by the environment or situation

HOW YOU CAN HELP

MentalHealthAmerica.net has research that indicates that men are far less likely than women to seek any sort of help or guidance for depression, substance abuse or stressful life events. This is largely due to current social norming, reluctance to engage in vulnerable conversations, and an ability to downplay any concerning symptoms. Lynch and Long (2018) identified in a recent study that there are seven key themes when looking at the barriers young men have to seeking professional help: acceptance from peers, personal challenges, cultural and environmental influences, self-medicating with alcohol, perspectives around seeking professional help, fear of homophobic responses, and traditional masculine ideals.

This means that if you have a male friend or family member who is struggling, he may not ask for help. As mentors, friends and brothers, it is often incumbent on us to start the conversation and offer support.

MentalHealth.gov suggests that if you have a brother who is displaying aspects of a mental health crisis or concern and he has reached out to you for help and/or guidance, you should first find out if the brother is getting any form of care that he may need or want. If not, connect him with on-campus or private resources in order to help. Do not be afraid to express your own observations from a context of care and concern for the brother. Be certain to remind your brother that help is readily available—especially with

resources on a college campus—and that mental health problems can be treated by a team of practitioners until you find the right fit for you.

When you are alerted that there is concern for a brother's mental health and wellness, be sure to ask questions, listen to all ideas, and be responsive when an issue has been identified or a group of people are concerned. When engaging with the brother displaying concern, reassure him that you care about him. This is very important for him to hear.

Some brothers may need assistance with accomplishing everyday tasks for a period of time, so make it a priority to provide as much assistance as you can for a pre-determined amount of time. Include your brother in your plans and continue to invite him to participate in healthy activities with you without being overbearing, even if your brother declines your invitations.

Provide the brotherhood in general with educational opportunities to learn about mental health and wellness, emphasizing the need for support and guidance over any type of discrimination. Ensure that chapter members and any volunteers working with the chapter understand the importance of treating a brother with a mental health problem in ways grounded in respect, compassion and empathy.





MENTALHEALTH.GOV PROVIDES THESE RECOMMENDATIONS FOR WAYS TO TALK WITH A BROTHER ABOUT A MENTAL HEALTH CONCERN.

- "I've been worried about you. Can we talk about what you are experiencing? If not, who are you comfortable talking to?"
- "What can I do to help you to talk about issues with your parents or someone else who is responsible and cares about you?"
- "What else can I help you with?"
- "I am someone who cares and wants to listen. What do you want me to know about how you are feeling?"
- "Who or what has helped you deal with similar issues in the past?"
- "Sometimes talking to someone who has dealt with a similar experience helps. Do you know of others who have experienced these types of problems who you can talk with?"
- "It seems like you are going through a difficult time. How can I help you to find help?"
- "How can I help you find more information about mental health problems?"
- "I'm concerned about your safety. Have you thought about harming yourself or others?"

Elizabeth Brown Crawley, a Delta Upsilon volunteer and mental health professional states, "If you recognize a symptom, change in behavior, or think something isn't right, don't rationalize the behavior or downplay the symptom. Make sure you take everything seriously and engage in a conversation checking in about whatever it is you notice. Helping a brother out is as simple as asking him a question."

Working with men enrolled in college provides avenues for help and guidance that the average adult may not have access to. Many colleges and universities house wellness centers, counseling centers, and/or health services often staffed by a psychiatrist who is licensed to provide mental health related medication. Most counseling service departments provide 24-hour on-call counseling seven days per week. The most common way to secure an appointment after hours is by calling the campus public safety department and requesting a session with the on-call counselor. The on-call counselor will work with the student to find the most appropriate location to meet for an after-

hours session. If the brother is displaying harmful behavior to self and/or others, public safety should be notified in order to follow campus protocol for keeping all students, faculty, staff and guests safe during an urgent time.

Being the brother or volunteer that steps up to address a mental health concern can feel overwhelming at times. It is important that we all invest in ways to have conversations that convey care and concern while showing empathy, sympathy and understanding for the brother in need. We must observe the fact that mental health conditions are real and are just as serious as any other physical health issue. Brothers who are treating mental health issues are just as likely to succeed in a campus setting as any other student, as long as the proper treatment plan is put into place and followed accordingly. Always remember that by simply asking a brother a question, you could save his life.

CHAPTER NEWS

ARLINGTON



The Arlington Chapter celebrated its 50th anniversary this year. The chapter was installed as Delta Upsilon's 99th chapter on May 3, 1969. The men celebrated with an event that brought alumni from the past 50 years back to campus. The group met at the old chapter house thanks to the generosity of the new owners who let the men gather and reminisce together.

BRADLEY



This spring, the chapter hosted one of its most successful fundraisers in recent history for the Global Service Initiative. The event, DU Pancakes, was a pancake dinner open to the entire Bradley campus. Brothers worked in shifts to make pancakes, check in guests and make sure everyone was entertained. The chapter hopes to make this an annual event moving forward.

BUCKNELL COLONY



It has been a busy year for the Bucknell Colony. This fall, DU made its return to campus and has recruited 35 men into the colony. Now, the associate members are busy making a name for DU on campus and working toward the requirements for chartering. The colony has been involved in a diverse array of campus activities, such as intramural sports, Greek philanthropies and local community service. In the spring, it even co-sponsored the first ever Mental Health Summit on addiction at Bucknell, which brought together professionals from the local hospital, the university and elsewhere to discuss and educate the community on issues of mental health regarding addiction.

CAL POLY



March 1-3, 2019, the Cal Poly Chapter hosted its annual Parents Weekend, which consisted of house tours, a fundraising auction and a social event. During the weekend, one brother even volunteered to shave his head and raised \$2,500 for the French Hospital.

Later this spring, the chapter hosted a DU Tie Dye event at the chapter house and raised \$1,100 for Rise SLO, a nonprofit that supports sexual assault survivors. The chapter also received the Excellence in Brotherhood Award during the Cal Poly Fraternity and Sorority Life Office's Standards of Excellence Awards ceremony. Chapter programming, interfraternal relations and alumni outreach all factored into the recognition.

CHICAGO



The 2018-2019 school year was a good year for the Chicago Chapter. Beyond expanding its membership with 18 new brothers, it also grew its presence on campus. Brothers provided 3,000 meals for local homeless shelters and claimed victory in the campus' largest philanthropy event. Several brothers also achieved incredible results as members of university sports programs.

CHRISTOPHER NEWPORT



The Christopher Newport Chapter had a busy spring semester. It started with a successful recruitment that led to the Initiation of nine new brothers. The chapter's four mixers with other student organizations increased its social profile on campus, as did the election of Nate Kidwell, '21, as the IFC President. He took the role following the presidency of another DU, Jerry Dings, '19. On the philanthropic front, the men not only raised money for the Global Service Initiative, but also for the American Foundation for Suicide and a brother's family member who was diagnosed with cancer.



Guelph Chapter

CLARKSON



As is tradition for the Clarkson Chapter, this spring, brothers organized a 5K race to raise money for the Make-A-Wish Foundation. This event raised \$2,000. In addition, many brothers also spent Saturdays throughout the semester volunteering with Habitat for Humanity. On the campus front, the chapter is proud to have maintained its standing as the Greek organization with the highest GPA on campus. Two brothers worked as teaching assistants, and another two men were recruited to the chapter this spring.

FLORIDA



In April, brother Lathan Dixon, '22, was elected as the next Section S-4 Chief of the Order of the Arrow, the Boy Scouts of America's honor society for dedicated members. Exemplifying a brotherhood of cheerful service, Lathan oversees 5,000 scouts and leads projects to increase membership and morale in the Boy Scouts across the state of Florida and southwest Georgia.

GEORGIA TECH



The spring semester was very productive for the Georgia Tech Chapter. Seven new brothers were welcomed following one of the best spring recruitments the chapter has had in years. All chapter members have been more involved on campus this year, with brothers involved in student government presidential campaigns, Interfraternity Council committees, and much more. The chapter's biggest event of the semester was a fundraiser for St. Baldrick's, a nonprofit that funds childhood cancer research. In addition to raising more than \$20,000 for the charity, around 20 brothers shaved their heads in solidarity with children fighting cancer.

GUELPH



This spring, the Guelph Chapter celebrated its 30th anniversary with an event for undergraduate members and alumni. The chapter also raised money for a local homeless shelter in the Hockey Helps the Homeless Charity Hockey Tournament. The team raised more than \$2,000 and had a great time competing in the tournament.



Kansas State Chapter

HAMILTON



The spring 2019 semester was busy for the Hamilton Chapter. Not only were Alex Ganter, '19, and Sam Bowen, '20, named captains of the Hamilton football team, the chapter organized the main student section for the Hamilton basketball team's run in the NCAA Division III Men's Basketball Championship. On the philanthropic front, the men participated in Relay for Remission and continued their volunteer efforts at the Country Pantry food pantry. Several brothers also secured great internships, including Mitch Beirman, '21, with University of Minnesota Sports Science, and Connor Cates, '21, with Viviant Smart Home in app development.

INDIANA



After a local neighborhood was affected by a house fire, the Indiana Chapter members worked with the American Red Cross and nearby fire departments to ensure residents had working fire alarms. In total, the brothers visited 48 homes and installed 93 smoke detectors.

For the second consecutive year, the chapter won the Greek Life-wide Drop the Puck on Cancer charity hockey tournament. In addition, the chapter's bike team qualified for the Little 500 and had a very successful race.



JAMES MADISON

The James Madison Chapter has had one of its most successful semesters to date. Through donations and fundraisers, brothers successfully raised more than \$1,200 for GSI, as well as \$200 to help relocate fellow students who lost their homes in an apartment fire. The chapter also placed second in the school's annual GreekSing competition. The brothers are the proudest, however, of the 17 graduating seniors who helped the chapter recolonize and grow to the size it is today. All future donations from these alumni will be placed into a fund to help send brothers to educational programs for many years to come.

KANSAS STATE



The Kansas State Chapter started the semester by initiating 20 new members into its brotherhood. The undergraduate members also joined their alumni for a historical ribbon-cutting celebration of the chapter facility's new renovations. Throughout the semester, the chapter hosted a number of events to give back to the community, including a blood drive at the chapter house that helped donate 20 pints of blood for the local blood bank. The men's largest event of the semester was the 7th annual Miss K-State Competition, which raised more than \$10,000 for the Global Service Initiative and showcased the school pride, diversity, talent and career goals of women from 20 different organizations on campus.

LOYOLA MARYMOUNT COLONY



The Loyola Marymount Colony officially joined DU with the Colonization Ceremony that was held on March 29, 2019, with 22 men. Since colonization, the men have been active on campus by participating in philanthropy events for Tri Delta and Delta Zeta, as well as a Mental Health Awareness event put on by the LMU Residence Hall Association. The colony members also spent a weekend cleaning up the Los Angeles community by picking up trash at their local beach. The colony is looking forward to fall, especially fall recruitment.



Missouri Colony

MICHIGAN



The Michigan Chapter participated in two phenomenal fundraising efforts this spring. The first event, Winterfest, is a campus-wide endeavor to raise money for the Autism Alliance. The chapter's efforts made it one of the top five highest fundraising fraternities involved. The second event found the chapter raising more than \$21,000 for St. Baldrick's, a foundation to raise money for childhood cancer research. During this fundraiser, more than 40 brothers shaved their heads in solidarity for the cause. Local barbers from the Ann Arbor community even volunteered their time to provide the haircuts.

This spring, Brother Henry Newman, '21, qualified for the Mock Trial Regionals Tournament, while Jonah Jacobs, '21, participated in the National Debate Tournament and was elected as a representative in Michigan's Central Student Government. Chapter Advisor John Markiewicz, '64, also received the Best Alumni Advisor Award from the Michigan fraternity/sorority community.

MICHIGAN TECH



This spring semester, the chapter teamed up with Delta Zeta for Michigan Tech's Winter Carnival. The men and women spent much of January and February competing in snow/ice related events, putting on a stage revue skit, and putting many hours into its snow statue, which earned second place in the co-ed division. The chapter also raised money for GSI by pumping gas and collecting donations at a local gas station. Brothers explained GSI to the travelers and fundraised to send two members on a GSI trip this year.

MISSOURI COLONY



In its second semester back on campus, the Missouri Colony has been working hard to make a name for itself in the fraternity/sorority community. The men placed third in Kappa Delta's Blacklight Dodgeball Tournament. They also placed third in Pi Beta Phi's Arrowspike Volleyball Tournament. To focus on building brotherhood within the colony, 25 colony members participated in axe throwing at Axehouse in Columbia.

NORTH CAROLINA



The North Carolina Chapter is proud to have two brothers serving on the Interfraternity Council (IFC) Executive Board. Chase Jarvis, '20, serves as Vice President of Judicial Affairs and is tasked with ensuring IFC guidelines and bylaws are upheld. Coleman Johnson, '21, serves as Vice President of Events and designs, creates and handles all large events put on by the IFC, as well as assists member chapters in planning events. This spring, the North Carolina Chapter also hosted a 50-year reunion for the class of 1969. There was a great turnout, and the undergraduates were honored to meet so many DUs who have supported the chapter.



Michigan Tech Chapter

NORTH DAKOTA



The North Dakota Chapter had a successful spring full of recruitment, philanthropy, service and fellowship. The chapter raised \$1,000 for the Global Service Initiative

during its quesadilla feed in March. It also won a DU-sponsored competition for being the chapter that logged the most service hours per member in the Helper Helper app in March, with 13 hours per member. The chapter initiated four men and hosted numerous events with other fraternities and sororities this spring. It even held its annual Bob Ross brotherhood event where brothers followed along with Bob Ross videos to become the artists of tomorrow.

NORTHWESTERN



Dance Marathon is one of the biggest events of the year at Northwestern. Each year, fraternities, sororities and other student organizations are paired together to raise

money for a great cause. This year's event benefitted Chicago Public Schools. The Northwestern Chapter is happy to announce that the partnership between DU, Chi Omega and Lambda Chi Alpha raised more than \$37,000, making it the highest fundraising group in the medium team category.

OHIO STATE



The Ohio State Chapter hosted its second annual philanthropy DYdgeball tournament with proceeds going toward the Global Service Initiative. The chapter also saw its GPA climb

significantly this spring, proving that DUs work hard in the classroom. Lastly, the men of Ohio State recently saw its Chapter Advisory Board expand by three new members and are looking forward to working with them.

OREGON STATE



The Oregon State Chapter had a successful spring recruitment welcoming eight more brothers into the chapter. This term, the chapter placed third in the Alpha Chi Omega

Diamond Day softball tournament, which raises money for the Center Against Rape and Domestic Violence (CARDV). In the winter term, the men also hosted their DU Darling pageant show and raised almost \$9,000 for GSI.

PENNSYLVANIA STATE



The biggest event of the spring for the Pennsylvania State Chapter was Thon, the 46-hour dance marathon that raises money for children with pediatric cancer. This year,

the chapter paired with Delta Gamma and raised \$199,061, putting the team in fourth place out of all fraternities and sororities. This was the chapter's highest total ever and the first time it has placed in the top five. The chapter also hosted a Willy Wonka movie night at the chapter house to raise money for Park Forest Preschool.

QUINNIPIAC



Brothers of the Quinnipiac Chapter kicked off the spring semester by having a brother elected to the campus IFC board. The men also got very involved on campus by raising

more than \$4,000 for the Connecticut Children's Medical Center at Quinnipiac's dance marathon, QThon, while sponsoring a miracle child for the evening. Along with their contributions at QThon, the brothers hosted their annual floor hockey tournament, Ducks Fly For GSI, that raised more than \$400. Lastly, the brothers capped off the year by taking home first place in the campus Greek Week winning and additional \$600 to contribute to GSI.



Quinnipiac Chapter



South Carolina Chapter

RUTGERS



The Rutgers Chapter raised more than \$20,000 for children with cancer and rare blood disorders during Rutgers' Dance Marathon this spring, making it the second highest fundraiser of all IFC chapters on campus. In addition to this impressive work, the chapter welcomed nine new men into the brotherhood and volunteered the United Airlines half marathon by handing out water while raising nearly \$2,000 for GSI.

SETON HALL COLONY



As the colony continues to make a name for itself on campus, it is proud of its fundraising efforts with the Delta Scoopsilon ice cream fundraiser. Attendees had the opportunity to build their own sundae with different ice cream flavors and toppings. Other student organizations, and even campus faculty and staff, enjoyed the event that raised money for the Global Service Initiative.

SOUTH CAROLINA



Members of the South Carolina Chapter once again volunteered at the local American Heart Walk on April 6. The chapter had more than 40 members working in two shifts to set up and take down the walk. This year, the walk had over 5,000 walkers and raised more than \$500,000 to help fund research to prevent heart disease and stroke. The chapter has been volunteering with the American Heart Association for more than 10 years and has become an integral part of the logistics team. Alumni President Terry Schmoyer, '88, celebrated his 20th year chairing the logistics committee for the walk.

SYRACUSE



This spring, the Syracuse Chapter initiated 27 new members and hosted its spring philanthropy, Delta Dogs, which brought together dog owners and members of the Greek community to relax and take some great photos. All proceeds benefitted the Global Service Initiative. The chapter is also happy to celebrate Brother Justin Bachman, '19, who was named Syracuse's Greek Man of the Year, and Ben Bierstaker, '20, for becoming the IFC's Director of New Member Education.

TEXAS



The campus' annual Sorority/Fraternity Life (SFL) banquet was a big night for the Texas Chapter. Kevin Brill, '19, received the Scholastic Excellence Award, and Rwendy Luna, '20, won and Hyperion Award for individuals committed to serving and improving the sorority/fraternity community. Chapter President Ahmed Semary, '20, also received the Outstanding Leadership Award for the leadership positions he holds around campus. In addition, this spring, the Texas Chapter partnered with the DU Arlington Chapter for a Regional Day of Service when the chapters helped restore an Austin middle school.

VERMONT



One of the Vermont Chapter's newest members, Jake Gess, '22, was honored at the annual campus Fraternity/Sorority Life Awards as the 2018-2019 Scholar of the Year. In addition to being a member of the Honors College at UVM, Jake is a senator in student government, and a recently hired campus tour guide.



Seton Hall Colony

VIRGINIA



The Virginia Chapter's spring was even more exciting than normal as it watched the Virginia Cavaliers win the NCAA Men's Basketball Tournament. Throughout March

Madness, the chapter hosted watch parties to show its school pride. The chapter also celebrated several brothers who were selected to serve within the Interfraternity Council's Judiciary Committee in capacities such as investigators and judges. This is part of a larger effort for the chapter to become more involved on campus and in the community.

WESTERN ILLINOIS



On Saturday April 27, more than 150 alumni, undergraduates and friends gathered to celebrate the 45th anniversary of the Western Illinois Chapter's chartering. The weekend

activities were highlighted with a special alumni reception at the WIU Alumni House, a golf outing, a picnic lunch and a celebratory banquet at the Old Macomb Dining Company. Several alumni were recognized for their service to the chapter, and Zachary Bischoff, '19, and Benjamin Morris, '22, were awarded Community Service Scholarship Awards. Christopher Gibson, '21, was also honored with the Dikaia Upotheke Award for his outstanding service to the chapter.

WESTERN RESERVE



The Western Reserve Chapter had another great spring semester and reached its annual fundraising goal of \$3,000 for the Global Service Initiative. The chapter was also

recognized by Case Western Reserve University for its achievements in the Pytte Cup chapter accreditation program. Current Chapter President Clayton Cooper, '19, even received the Howard Shelley Fraternal Leadership Award. The chapter is in the process of crafting a three-year strategic plan with the help of undergraduate brothers, alumni and university administration to help the chapter continue to excel and grow.

WICHITA



This spring, the Wichita Chapter hosted its campus-renowned Dogs with DU philanthropy event in conjunction with its partner Lifeline Animal Placement &

Protection. The chapter was able to place two dogs in new homes and relieve stress in countless students during finals. The men also hosted their formal, Heidelberg, which continues to be Wichita State's longest running campus tradition at 90 years.

ALUMNI NEWS

ALBERTA



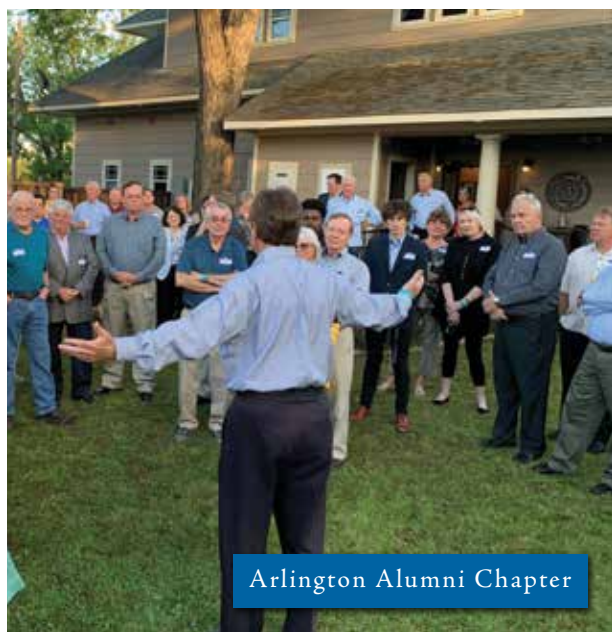
On May 29, the Alberta alumni hosted their annual Spring Classic Golf Tournament. Then in June, they were excited to collaborate with the undergraduate chapter on the Summer Solstice beach volleyball tournament, with donations going to local charitable organizations. The alumni also continue to meet monthly for alumni lunches around Edmonton.

This spring, the Alberta alumni were pleased to provide two scholarships for undergraduates, with the Edge King Leadership Award going to a newly initiated undergraduate who has shown a commitment to community service and leadership. The Associate Member Scholastic Award was provided to the newly initiated undergraduate with the highest GPA in his first semester.

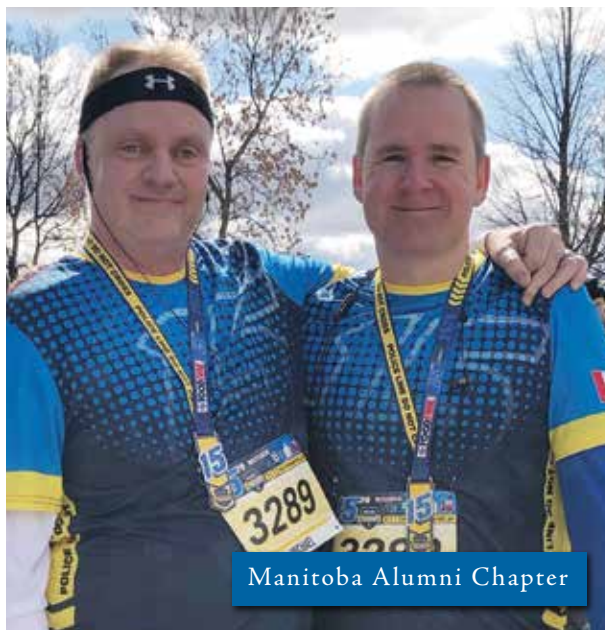
ARLINGTON



The Arlington Chapter celebrated its 50th anniversary on Saturday, May 4 at the Thornton Inn, which once served as the chapter's long-time chapter home. More than 75 brothers attended, including several founding members. On Sunday, alumni gathered again to participate in the Ralph Springer Memorial Golf Tournament. This annual event raises funds for educational programming for the undergraduate members of the Arlington Chapter.



Arlington Alumni Chapter



Manitoba Alumni Chapter

MANITOBA



On May 5, 2019, Manitoba Chapter brothers Rob Armstrong, '04, and Michael Hall, '97, completed the Winnipeg Police Service Half Marathon Relay.

SYRACUSE



This school year, the Syracuse Alumni Chapter has been busy providing support to the undergraduates and working to keep alumni engaged. The inaugural Alumni Reunion Weekend drew an impressive turnout in September 2018, and in October, the inaugural Coffee With a CEO speaker series featured Doug Present, '86, who shared his business and life skills wisdom with brothers.

The undergraduate chapter continues to receive support from the three alumni entities: The Dikaia Foundation, the Syracuse DU Housing Corporation and Chapter Advisory Board. The foundation provided six scholarships to brothers this year and is sending its largest delegation to the Leadership Institute this summer. The housing corporation also oversaw significant improvements to the chapter house.



BUILDING BETTER MEN WITH ESTATE GIFTS

Each year, the Delta Upsilon Educational Foundation relies on alumni and friends to support our mission of *Building Better Men* across North America. These loyal donors make an immediate impact through educational programs like the Emerging Leaders Experience, Global Service Initiative and the Leadership Institute. Without annual supporters of the Foundation, the programs and scholarships that support DU undergraduates and their chapters would not be possible.

Thankfully, alumni and friends continue to answer the call, and some extend their loyalty forever by joining the Heritage Circle. The Heritage Circle was established in 2000 to honor living brothers and friends who have listed the Delta Upsilon Educational Foundation as a beneficiary in their will, insurance policy, 401(k), or other deferred giving instrument. Currently, there are 71 living members of the Heritage Circle.

The DUEF recently received two estate gifts from deceased alumni—men who will forever be known as Lester Cox Benefactors in honor of Lester E. Cox, *Pennsylvania 1898*, the first DU alumnus to give an estate gift to the Fraternity for building the International Headquarters in 1971. The legacy of these two DU alumni (Ed Mosher, *San Jose '52*, and Dick Hegeman, *Purdue '49*) will now come to life through DU undergraduates for generations to come.



\$25,000 ESTATE GIFT

for the Edwin T. Mosher Endowment Fund that supports educational program scholarships for the San Jose Chapter



\$102,655 ESTATE GIFT

for the Purdue Chapter Legacy Plan that supports educational program scholarships for the Purdue Chapter

MOST COMMON WAYS TO JOIN THE HERITAGE CIRCLE



Charitable Bequest – Language in your will or trust that provides cash, securities, property or a percentage of your estate to the DU Educational Foundation.



Retirement Plan Beneficiary – Name the DU Educational Foundation as a beneficiary of your 401(k), IRA or other retirement plans.



Life Insurance Policy – Name the DU Educational Foundation as the owner and/or beneficiary of a life insurance policy.

Want to Learn More about the Heritage Circle?

Do you have questions, or is the DU Educational Foundation already in your will or estate plans?

Contact the DUEF staff at king@deltatau.org or (317) 875-8900. The Foundation's Tax ID# is 35-1976226.

ALPHA AND OMEGA

ALBERTA

Robert W. Calvert, '72
Eugene T. Hall, '50
Robert R. Johnson, '65

BRADLEY

Charles B. Burns, Jr., '53
Elliot J. Fearnley, '69

BROWN

Richard J. Beland, '59
A. Robert Bellows, '59

BUCKNELL

William A. Benton, '55

CALIFORNIA

Robert F. Ryan, '50

COLGATE

Joseph P. Campbell, '51
George W. Happe, '45
(Northwestern '50)

COLORADO

Frank G. Jewett III, '63

CORNELL

John P. Conti, '86

DENISON

David R. Calhoun, '56
Bruce D. Saunders, '58

DEPAUW

Darel F. Lindquist, '68
John L. Novak, '49
David B. Schele, '62

FLORIDA

Gregg A. Brewster, '76
James O. Watson, '77

HAMILTON

Peter E. Wormuth, '58

ILLINOIS

Walter C. Dambman, Jr., '43
Merritt W. Finney, '53
Philip J. Griesbaum, '58
Howard D. Holzman, '32
James E. Kimmel, '60
Fred H. Leonard, '60
James L. Martin, '54
Ray L. Pierobon, '50
Thomas G. Rees, '59
Thomas A. Schoch, '59
Morgan R. Smith, '53
Charles K. Thorsen, '50

IOWA

Joseph P. Vargas, '89

IOWA STATE

Henry C. Brandt, '47
Carl L. Canady, '67

KANSAS

Richard R. McCall, '53

KANSAS STATE

Forrest E. White, '61

KENT STATE

C. Sumner Stilwell, '55

LEHIGH

Kyle T. Kononowitz, '97
Andrew B. Swanson, '80

MANITOBA

Gerry C. Kissack, '56
Michael J. Phelps, '70

MARIETTA

Gordon M. James, Jr., '61

MARYLAND

Richard F. Dudley, Jr., '74

MCGILL

Michael J. Lansdown, '55

MIAMI

Richard Sunkel, '53

MICHIGAN

William W. Alexander, '47

MICHIGAN STATE

Charles L. Allen, '55
John R. Stuart, CPA, '52

NEBRASKA

G. Robert Ayres, '64
Robert L. Egermayer, '75
James D. Krantz, '61

NORTH CAROLINA

Michael D. Walsh, '91

NORTH CAROLINA STATE

Tim E. Cogdill, '92

NORTHERN ILLINOIS

James P. Fiala, '68
David W. Mutchler, '78

NORTHWESTERN

H. A. Stevens, '46

OHIO

Norman D. Sanders, '59

OKLAHOMA

Roderick R. McDaniel, '47

PENNSYLVANIA STATE

Richard E. Crosby, '54

RIPON

Norman D. Jefferson, '67

ROCHESTER

Peter Avakian, '55
Robert W. Place, '53

SAN DIEGO STATE

Eric J. Sanchez, '85

SYRACUSE

John H. Heider, '54

TECHNOLOGY

Richard P. Vinci, '88

TUFTS

Leo T. Casey, '91
Henry E. Curry, '32
Gordon P. Denley, '45

UNION

Frank M. Morgan, '52

VIRGINIA

Joseph H. DiNunzio, '61
William R. Reusing, '62

WASHINGTON

Dallas E. Zeiger, '53

WASHINGTON & LEE

Jared A. Close, '45
Philip D. Monger, '56
Donald E. West, '54

WESTERN ONTARIO

Robert B. Fraleigh, '54
Campbell T. Lamont, '47

WISCONSIN

Thomas R. Easton, '71
John G. Holland, '71
John M. Kelly, '54

Please notify the Fraternity of errors in this list. This list reflects notices received at the International Headquarters between March 11 and June 15, 2019.

Memorial gifts may be directed to the Delta Upsilon Educational Foundation at the address below or online at www.deltau.org/give.

Delta Upsilon
8705 Founders Road
Indianapolis, IN 46268
ihq@deltau.org

DU QUARTERLY RECEIVES AWARD

Delta Upsilon and the *DU Quarterly* were recognized by the Fraternity Communications Association (FCA) during the association's 2019 Annual Conference in Columbus, Ohio. DU received first place in the Design - Two Page Spread category for the article "Journey of a Lifetime" in the fall 2018 issue of the *DU Quarterly*.

The Fraternity Communications Association was founded in 1923 as the College Fraternity Editors Association as an outlet for magazine editors from different fraternities to share ideas with one another. Today, the organization benefits all communications and marketing staff members for fraternities and sororities, including honorary societies, professional fraternities, and multi-cultural fraternities and sororities.

Each year, FCA recognizes the work of its member organizations through awards for magazine writing and



design, video production, communications/marketing campaigns, and more. In 2019, FCA received more than 800 submissions for 34 categories. First, second and third place awards are given for each category.

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CHANGE OF ADDRESS?

- ✉ **MAIL** updated information to Delta Upsilon International Fraternity
- ☎ **CALL** 317-875-8900
- ✉ **EMAIL** jana@deltatau.org (subject line: Change of address)
- 🖥 **VISIT** deltatau.org/contact

Please include your full name, chapter and graduation year.

PARENTS: Your son's magazine is sent to his home address while he is in college. We encourage you to review it. If he is not in college and is not living at home, please send his new permanent address to: jana@deltatau.org.

Name: _____
Address: _____
City: _____ State: _____ ZIP: _____
Phone: _____ Email: _____
Chapter: _____ Graduation Year: _____

STAY CONNECTED!

DID YOU RECENTLY GRADUATE OR MOVE? UPDATE YOUR CONTACT INFORMATION SO YOU CAN STAY UP-TO-DATE ON DELTA UPSILON HAPPENINGS!

IT'S EASY TO UPDATE YOUR EMAIL OR MAILING ADDRESS.

EMAIL IHQ@DELTAU.ORG WITH YOUR UPDATED INFORMATION.

- OR -

FILL OUT THE FORM AT WWW.DELTAU.ORG/BIO-CARD.

